

*Double Down*  
 © Debi Montgomery  
 Clue 1

*I love this part of creating an heirloom for many years to come...or a donation to someone in need...or just whatever you want. The part where your fabrics are chosen and we're ready to start cutting and sewing away. The stress is gone, now to have fun! I was looking at the design and thinking, "Where on earth did I come up with that name?" The only thing I can think of is I was doubling down and working hard this week cranking out designs and I'm wary of naming!!!*

*We will be assembling three sets of blocks for this clue, starting with the largest cuts first. Please cut down the remaining WOF strips before cutting new ones. You'd be surprised by what you can cut from your scraps. Block A will have the largest cuts and we need four. Block B will be four as well. Followed by Block C, which we only need ONE.*

*Block A: Please make sure you cut this chart from BOTH Light and Dark fabrics.*

| <b>LIGHT and DARK</b>                       | 12" blocks    | 15" blocks    | 18" blocks |
|---|---------------|---------------|------------|
| 13-1/4" WOF strips                          | 1 each fabric |               |            |
| Sub-cut to 13-1/4" squares                  | 1 each fabric |               |            |
| Cut squares on BOTH diagonals for triangles | 4 each fabric |               |            |
|   |               |               |            |
| 6-7/8" WOF strips                           | 1 each fabric |               |            |
| Sub-cut to 6-7/8" squares                   | 4 each fabric |               |            |
| Cut squares on ONE diagonal for triangles   | 8 each fabric |               |            |
|   |               |               |            |
| 16-1/4" WOF strips                          |               | 1 each fabric |            |
| Sub-cut to 16-1/4" squares                  |               | 1 each fabric |            |
| Cut squares on BOTH diagonals for triangles |               | 4 each fabric |            |
|   |               |               |            |
| 8-3/8" WOF strips                           |               | 1 each fabric |            |
| Sub-cut to 8-3/8" squares                   |               | 4 each fabric |            |
| Cut squares on ONE diagonal for triangles   |               | 8 each fabric |            |

| <b>LIGHT and DARK</b>                       | 12" blocks | 15" blocks | 18" blocks    |
|---|------------|------------|---------------|
| 19-1/4" WOF strips                          |            |            | 1 each fabric |
| Sub-cut to 19-1/4" squares                  |            |            | 1 each fabric |
| Cut squares on BOTH diagonals for triangles |            |            | 4 each fabric |
|   |            |            |               |
| 9-7/8" WOF strips                           |            |            | 1 each fabric |
| Sub-cut to 9-7/8" squares                   |            |            | 4 each fabric |
| Cut squares on ONE diagonal for triangles   |            |            | 8 each fabric |

We are making some very large (especially for me...18") flying geese and this was the best way to make good use of the fabric. We need dark bodied flying geese and light bodied flying geese. These geese should measure 6-1/2" x 12-1/2", 8" x 15-1/2", or 9-1/2" x 18-1/2" now. We will stitch these together for our 12-1/2", 15-1/2", or 18-1/2" blocks.



*Dark body on left and light body on right.*

*The dark body becomes to "top" of the final square and the light body the "bottom".*

*Again, you will have four of these and they will measure 12-1/2", 15-1/2", or 18-1/2" and be pressed AWAY from the bottom.*



*Block B: AGAIN, Please cut from BOTH Light and Dark fabrics.*

| <b>LIGHT and DARK</b>                              | <b>12" blocks</b>        | <b>15" blocks</b>    | <b>18" blocks</b> |
|--|--------------------------|----------------------|-------------------|
| <i>7-1/4" WOF strips</i>                           | <i>1 each fabric</i>     |                      |                   |
| <i>Sub-cut to 7-1/4" squares</i>                   | <i>2 each fabric</i>     |                      |                   |
| <i>Cut squares on BOTH diagonals for triangles</i> | <i>8 each fabric</i>     |                      |                   |
|  |                          |                      |                   |
| <i>6-7/8" WOF strips</i>                           | <i>Scraps from above</i> |                      |                   |
| <i>Sub-cut to 6-7/8" squares</i>                   | <i>4 each fabric</i>     |                      |                   |
| <i>Cut squares on ONE diagonal for triangles</i>   | <i>8 each fabric</i>     |                      |                   |
|  |                          |                      |                   |
| <i>3-7/8" WOF strips</i>                           | <i>1 each fabric</i>     |                      |                   |
| <i>Sub-cut to 3-7/8" squares</i>                   | <i>4 each fabric</i>     |                      |                   |
| <i>Cut squares on ONE diagonal for triangles</i>   | <i>8 each fabric</i>     |                      |                   |
|  |                          |                      |                   |
| <i>2-5/8" WOF strips</i>                           | <i>2 each fabric</i>     |                      |                   |
|  |                          |                      |                   |
| <i>8-3/4" WOF strips</i>                           |                          | <i>1 each fabric</i> |                   |
| <i>Sub-cut to 8-3/4" squares</i>                   |                          | <i>2 each fabric</i> |                   |
| <i>Cut squares on BOTH diagonals for triangles</i> |                          | <i>8 each fabric</i> |                   |
|  |                          |                      |                   |
| <i>8-3/8" WOF strips</i>                           |                          | <i>1 each fabric</i> |                   |
| <i>Sub-cut to 8-3/8" squares</i>                   |                          | <i>4 each fabric</i> |                   |
| <i>Cut squares on ONE diagonal for triangles</i>   |                          | <i>8 each fabric</i> |                   |
|  |                          |                      |                   |
| <i>4-5/8" WOF strips</i>                           |                          | <i>Scraps</i>        |                   |
| <i>Sub-cut to 4-5/8" squares</i>                   |                          | <i>4 each fabric</i> |                   |

| <b>LIGHT and DARK</b>                              | <i>12" blocks</i> | <i>15" blocks</i>    | <i>18" blocks</i>    |
|--|-------------------|----------------------|----------------------|
| <i>Cut squares on ONE diagonal for triangles</i>   |                   | <i>8 each fabric</i> |                      |
|  |                   |                      |                      |
| <i>3-1/8" WOF strips</i>                           |                   | <i>2 each fabric</i> |                      |
|  |                   |                      |                      |
| <i>10-1/4" WOF strips</i>                          |                   |                      | <i>1 each fabric</i> |
| <i>Sub-cut to 10-1/4" squares</i>                  |                   |                      | <i>2 each fabric</i> |
| <i>Cut squares on BOTH diagonals for triangles</i> |                   |                      | <i>8 each fabric</i> |
|  |                   |                      |                      |
| <i>9-7/8" WOF strips</i>                           |                   |                      | <i>1 each fabric</i> |
| <i>Sub-cut to 9-7/8" squares</i>                   |                   |                      | <i>4 each fabric</i> |
| <i>Cut squares on ONE diagonal for triangles</i>   |                   |                      | <i>8 each fabric</i> |
|  |                   |                      |                      |
| <i>5-3/8" WOF strips</i>                           |                   |                      | <i>Scraps</i>        |
| <i>Sub-cut to 5-3/8" squares</i>                   |                   |                      | <i>4 each fabric</i> |
| <i>Cut squares on ONE diagonal for triangles</i>   |                   |                      | <i>8 each fabric</i> |
|  |                   |                      |                      |
| <i>3-3/4" WOF strips</i>                           |                   |                      | <i>2 each fabric</i> |

*We will grab the WOF strips first and stitch them light to dark RST and on the long sides. Press these toward the darker fabric.*



*Once complete, lay the out with the dark and light fabric opposite each other like the pic at the left. We will cut these down to 2-5/8", 3-1/8", OR 3-3/4" segments now. This cutting will produce a 4-patch unit which we can sew together. You should have enough fabric to cut eight (8) sets.*



Once we sew these together, we will have a 4-3/4", 5-3/4", or 7" squares that are a 4-patch unit and pressed in a pinwheel in the back for flatness.

Please set four (4) of these aside for a future clue. Using the remaining four (4), we will start with the smallest triangles we cut to add to these units.

**PLEASE** watch placement on this first round, it will help keep the remaining rounds in the correct place. Please note all the pics have the 4-patch with the light fabric "on top". Press away from the centre.

First round:



I found the centre of the triangles and finger-pressed to help keep the units "square". I did this with all the remaining rounds as well. The first round will have the centre seam of the 4-patch as the centre. The remaining rounds will have the "point" you just created as the centre.

Round two and Henry making sure you have the dark and light fabrics in the correct positions!!



Third (final) round will give us our 12-1/2", 15-1/2", or 18-1/2" blocks. Please make sure to "square" along the way. No trimming should be necessary, but make sure they are "square".



Block C: only one of these, cut from scraps before cutting new WOF strips, each fabric has it's own chart.

| <b>LIGHT</b>                               | <b>12" blocks</b> | <b>15" blocks</b> | <b>18" blocks</b> |
|--|-------------------|-------------------|-------------------|
| <i>2-7/8" WOF strips</i>                   | 1                 |                   |                   |
| <i>Using the "tri" tool, cut triangles</i> | 8                 |                   |                   |
| <i>AND 2-7/8" squares</i>                  | 8                 |                   |                   |
|  |                   |                   |                   |
| <i>3-1/2" WOF strips</i>                   |                   | 1                 |                   |
| <i>Using the "tri" tool, cut triangles</i> |                   | 8                 |                   |
| <i>AND 3-1/2" squares</i>                  |                   | 8                 |                   |
|  |                   |                   |                   |
| <i>4-1/8" WOF strips</i>                   |                   |                   | 1                 |
| <i>Using the "tri" tool, cut triangles</i> |                   |                   | 8                 |
| <i>AND 4-1/8" squares</i>                  |                   |                   | 8                 |
| <b>MEDIUM</b>                              | <b>12" blocks</b> | <b>15" blocks</b> | <b>18" blocks</b> |
| <i>3-1/4" WOF strips</i>                   | 1                 |                   |                   |
| <i>Sub-cut to 3-1/4" squares</i>           | 2                 |                   |                   |
| <i>AND 2-7/8" squares</i>                  | 4                 |                   |                   |
|  |                   |                   |                   |
| <i>3-7/8" WOF strips</i>                   |                   | 1                 |                   |
| <i>Sub-cut to 3-7/8" squares</i>           |                   | 2                 |                   |
| <i>AND 3-1/2" squares</i>                  |                   | 4                 |                   |
|  |                   |                   |                   |
| <i>4-1/2" WOF strips</i>                   |                   |                   | 1                 |
| <i>Sub-cut to 4-1/2" squares</i>           |                   |                   | 2                 |
| <i>AND 4-1/8" squares</i>                  |                   |                   | 4                 |

| <b>DARK</b>                             | <i>12" blocks</i>                | <i>15" blocks</i>                | <i>18" blocks</i>                |
|---|----------------------------------|----------------------------------|----------------------------------|
| <i>3-1/4" WOF strips</i>                | <i>1</i>                         |                                  |                                  |
| <i>Sub-cut to 3-1/4" squares</i>        | <i>2</i>                         |                                  |                                  |
| <i>Trim remainder to 2-7/8" WOF</i>     |                                  |                                  |                                  |
| <i>Using "recs" tool, cut triangles</i> | <i>8 sets<br/>(16 triangles)</i> |                                  |                                  |
| <i>AND 2-7/8" squares</i>               | <i>1</i>                         |                                  |                                  |
|   |                                  |                                  |                                  |
| <i>3-7/8" WOF strips</i>                |                                  | <i>1</i>                         |                                  |
| <i>Sub-cut to 3-7/8" squares</i>        |                                  | <i>2</i>                         |                                  |
| <i>Trim remainder to 3-1/2" WOF</i>     |                                  |                                  |                                  |
| <i>Using "recs" tool, cut triangles</i> |                                  | <i>8 sets<br/>(16 triangles)</i> |                                  |
| <i>AND 3-1/2" squares</i>               |                                  | <i>1</i>                         |                                  |
|   |                                  |                                  |                                  |
| <i>4-1/2" WOF strips</i>                |                                  |                                  | <i>1</i>                         |
| <i>Sub-cut to 4-1/2" squares</i>        |                                  |                                  | <i>2</i>                         |
| <i>Trim remainder to 4-1/8" WOF</i>     |                                  |                                  |                                  |
| <i>Using "recs" tool, cut triangles</i> |                                  |                                  | <i>8 sets<br/>(16 triangles)</i> |
| <i>AND 4-1/8" squares</i>               |                                  |                                  | <i>1</i>                         |

*We will assemble the tri-recs squares first. These will need to measure the size of our light smallest squares. You should have dark small triangles (left and right) and then light triangles for the centre. The light triangles will be the largest ones.*

*I find it easier to flip the right side triangle toward the centre and start there. You may like to start on the left, totally your call. Once both side triangles are stitched, press away from the centre (like a flying geese unit) and trim to 2-7/8", 3-1/2", OR 4-1/8" squares, this will take off the "corners".*

*You should have eight (8) of these.*



Grab the larger DARK and MEDIUM squares and we will make some HSTs with these. I drew one diagonal line on the wrong side of the MEDIUM and stitched a scant 1/4" away. Please cut on the line and press these toward the darker fabric.



These should be trimmed to the same size as the tri-recs units we just completed.

Let's use the HSTs and the tri-recs units to create some larger units.



Please make sure your DARK fabrics are touching. Press these flat. You should have four of these now.

We need four of these from the smaller MEDIUM AND LIGHT squares we have cut as well.



With these eight units (four of each) and the final DARK square, we will assemble this square.



We will have ONE of these 12-1/2", 15-1/2", or 18-1/2" blocks now. Press these in the most flat manner you can, I pressed from the front first.

